

Niangua High School Athletic Department Emergency Action Plan



Jennifer Callaway – Athletic Director

NIANGUA HIGH SCHOOL 2018-19

Niangua High School

Athletic Department Emergency Action Plan

Emergency Action Plan

Niangua High School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any question should be directed to the school administrator.

The EAP has been categorized as a written document that defines the standard of care required during an emergency situation. Serious emergencies rarely happen but when they do, a quick, organized response can make a difference between a successful and unsuccessful reaction to an emergency. An EAP that is well planned and rehearsed will provide responders with the approach they need for an effective response. Also of significance is the legal basis for the development and application of an emergency plan. It is well known that organizational medical personnel, including certified athletic trainers, have a legal duty as reasonable and prudent professionals to ensure high-quality care of the participants.

An **emergency** is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situation that coordination between coaches and administrators be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

Situations when 911 should be called are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or suspected heat stroke
- Severe bleeding that cannot be stopped.

Chain of Command:

- Certified Athletic Trainer (if Available)
- School Nurse (if Available)
- Athletic Director
- Administrator
- Head Coach
- Assistant Coach
- School Resource Officer (if Available).

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed:

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete’s condition and administer necessary first aid/CPR. If possible, someone else on the chain of command should also stay and assist. The administrator should be notified that there is an emergency situation on campus.
2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. EMS should be told what the emergency is, the condition of the athlete and how to get to where the athlete is. Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. **DO NOT HANG UP UNTIL THE EMS HANGS UP FIRST.**
3. Phones at Niangua High School are located in the main office, classrooms and the coach’s office. Each administrator and coach will also have access to a cell phone that can be used.

Emergency numbers

Paramedics/Fire/Police	911
Angie Hunt - School Nurse	417-353-9555
Jennifer Callaway - Athletic Director	417-844-6402
TJ Bransfield – Superintendent.....	417-689-4673
Lori Allen – Principal.....	417-689-4674
Clint Gazette – Principal/Head Coach.....	417-894-6378
Kalem Copling – Head Coach.....	417-718-0036
Jacob Layne – Head Coach	417-209-5837
Brooke Jackson – Head Coach/Certified EMS	417-294-4860
Sam Rossio – Head Coach.....	618-514-2677
Jerry Terry – Assistant Coach.....	417-839-7658
Kodey Weaver – Assistant Coach	417-288-3614
Teresa Alexander – District Resource Officer.....	417-650-8161
Sam Porter – District Transportation Manager	417-861-1941
Niangua High School Main Office	417-473-6101
Cox South Medical Center	(417) 269-6000

4. The leader will designate a staff member or official/umpire to keep the scene safe, manage spectators and restrict others from interfering with the emergency care.
5. The leader will send runners to all intersections between where the athlete is located and Niangua High School Gymnasium or sports venue to direct the ambulance to the athlete. The runner shall stay in their position and wave the ambulance through the proper turns to get to the athlete. At least one runner must be positioned at the corner of Rumsey and Pine.

Niangua High School is located at:

**301 Rumsey Street
Niangua, MO 65713**

The closest intersection to the school is **Rumsey and Pine.**

If further directions are requested by EMS you may direct them to travel over the railroad tracks on M Hwy, turn north on the east side of Hannah’s General Store. Continue north until the road T’s in front of the school.

6. The leader will designate another person to attempt contact with the Athlete's parents. Emergency contact information can be found on the athlete's physical. All physicals are securely stored in a folder on the Google Drive and shared with the coaches. Coaches have access to this information at all times and may have another Emergency Contact list of their own with them at all times. If a parent is not present, the information must be given to the EMS to accompany the athlete to the hospital.
7. If transport is deemed necessary by EMS, the athlete will be taken to Cox South Medical Center 3801 S National Ave, Springfield, MO 65807, unless the parent requests otherwise.
8. After the event, document what happened and all actions taken.

Preparedness Items

The NFHS suggest items be available on the sidelines during all practices and competitions to facilitate appropriate care for a sick or injured athlete when an athletic trainer is not present.

1. An Automated external defibrillators (AED) is located in the hallway of the High School building. It is mounted on the wall next to the Superintendent's office.
2. Equipment and Supplies:
All available supplies and equipment are stored in the Boy's locker room. The Boy's locker room is located in the southeast corner of the main gym. All available equipment will be on site for games and quickly accessible including a fully stocked and complete Medical kit for all games and competitions. It is not required for coaches to bring main bag to practice but is required to bring a fully stocked Medical kit to all contests (home and away).
 - a. A cleaning solution for all blood can be found with the other supplies in the Boy's locker room under the ice machine.
 - b. Basic First Aid supplies provided in the team Medical kit: Athletic tape, pre-wrap, band-aids of various shapes and sizes, sterile gauze, hydrogen peroxide, triple antibiotic ointment, disposable latex gloves, scissors, ice bags, and tide sticks.
 - c. All coaches and assistant coaches are knowledgeable and cross trained in all of the techniques and equipment to be used in an emergency.

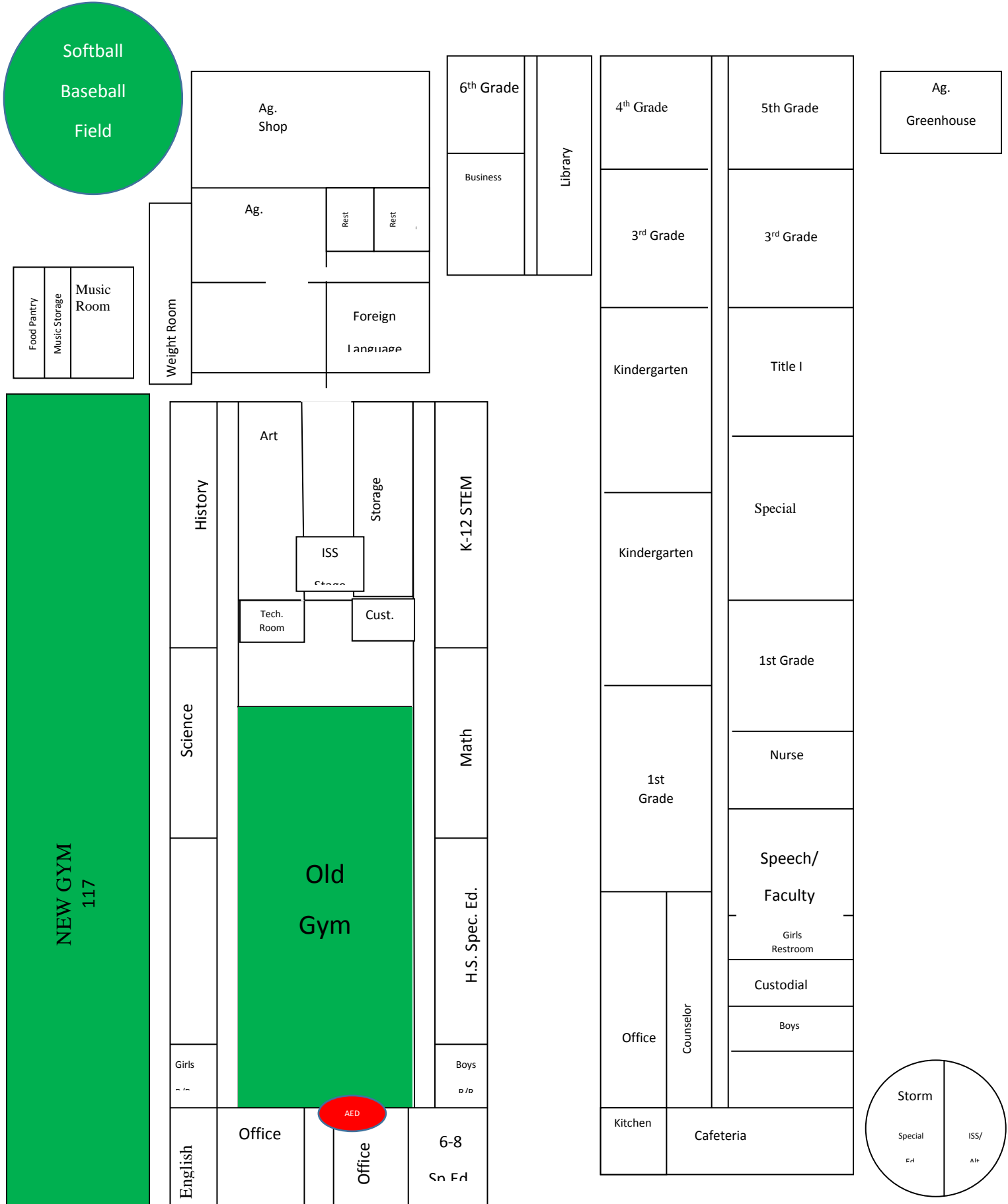
3. Authorized Items for Individual Athletes:

These items are for use by the individual athlete who has been prescribed to use them by his/her primary care provider, as indicated on the Athlete's current Physical form or other medical documentation. It is the responsibilities of the athletes to ensure the information has been properly presented to the coaching staff. **THESE ITEMS ARE NOT TO BE SHARED WITH OTHER ATHLETES.**

- Asthma inhalers
- Allergic Reaction medications (Ex: Epi-pen)
- Diabetic kits
- Other prescription medications.

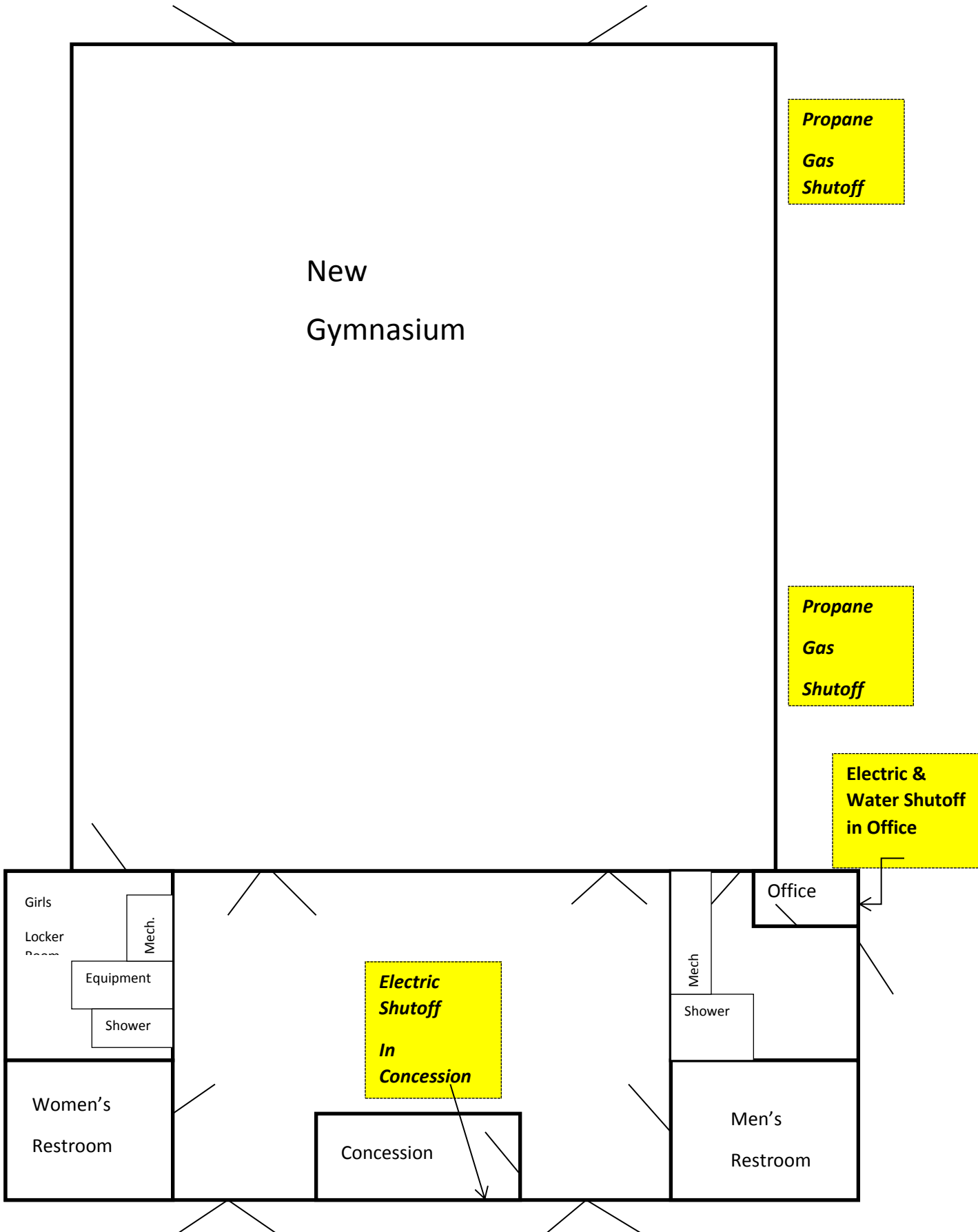
NIANGUA R-V SCHOOL DISTRICT

Campus Map



NIANGUA R-V SCHOOL DISTRICT

New Gymnasium



NIANGUA HIGH SCHOOL SPORTS EAP QUICK REFERENCE CARD

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Emergency Procedures

1. The designated leader must stay with the injured student.
2. Do not move a seriously-injured students **especially with a back or neck injury.**
3. The designated leader should call Paramedics/Fire Department IMMEDIATELY.
 4. Assign runners to stand at intersections to help guide EMS personnel.
 5. Obtain athlete’s Emergency information and have ready for EMS personnel.
 6. Designated person needs to contact parents as soon as possible.
7. Contact Administration and fill out proper paperwork to document the injury.

Information for EMS personnel

Your Name:

Your Cell Number:

High School Phone Number: 417-473-6101

Site: New Gym, Old Gym, Ball Field

School Name: Niangua High School

Address: 301 Rumsey Street, Niangua MO 65713

Directions: Turn east on M Hwy from C Hwy. Continue east over the Railroad tracks. Turn North on Pine street on the East side of Hannah’s General Store. Continue north past the 1st 3-Way stop until the street T-’s at Rumsey street. Come into the Main doors of the high school for access to the Old Gym. Turn west to reach the New gym. Continue West past the school to the gravel road for access to the ball field.

Type of injury: